

# Case Study



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Emma Walters (ITTCo and Professional Co-ordinating Mentor)

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“I am always truly grateful to be a part of the training journey for our newest colleagues to the profession.

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*Mentoring a trainee can have a profound effect on your teaching practice and develop coaching and mentoring skills as part of your own professional development.*

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I have learnt so much from trainees, they bring the most up to date educational research into their practice and can show real creativity. One of my trainees really helped to embed social media post into our A level delivery, encouraging wider reading and fuelling greater interest in the subject.

Whilst it can feel daunting with the time commitment, I have found that actually, one to one formal meetings are relatively easy to timetable and touch base conversation can even happen in shared duty times or by sitting side by side with your trainee.

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*It's an absolute honour to be an integral part in the beginning of someone's career and often, trainees become your colleagues the following year with successful appointments!”*

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