INSTITUTE OF EDUCATION

Opportunities for Our Partnership Schools

Placements, professional development and wellbeing | Autumn 2026

Working in partnership with schools is central to the University of Reading's approach to teacher education. We value the expertise and support our partner schools provide to trainee teachers and are committed to making our partnerships mutually beneficial.

Mental Health in Education Conference: From awareness to action

Thursday 19 November 2026 | 1:30–4:30pm
London Road campus, University of Reading
£30 per attendee

Led by the **Institute of Education** and the **Charlie Waller Institute**, our second annual conference will bring together teachers and school leaders to explore research-informed approaches and practical strategies to support pupils' mental wellbeing.

What will the conference cover?



- **Learning, inclusion and help-seeking:** Exploring the experiences of neurodivergent children and young people.

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- **Creating calm, inclusive classrooms:** Practical approaches to supporting pupils' wellbeing.
- **Emotionally based school avoidance (EBSA):** Understanding barriers to attendance and approaches to re-engagement.
- **Climate anxiety and stress:** Exploring emerging challenges affecting young people.

This year's emphasis is firmly on turning awareness into action. Attendees will have the opportunity to explore practical strategies, real-world examples and useful resources to take back to their own settings.

The conference is open to colleagues working across educational settings, including schools, colleges and specialist settings, supporting learners up to A-level and equivalent.

Interested in attending?

Book your place here: **Mental Health in Education Conference 2026**

Booking code: MHC2026

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